



We are proud to welcome Elisa Spitz Iuliano to Codey Arena for this fantastic exercise class. I invite you to take advantage of this special program being taught by a former Olympian and certified personal trainer.

- Joseph N. DiVincenzo, Jr.



**Joseph N. DiVincenzo, Jr., Essex County Executive
the Board of Chosen Freeholders
and the Department of Parks, Recreation and Cultural Affairs**

Invite You To

Pilates Classes



Olympian and Certified Personal Trainer

Elisa Spitz Iuliano

*presents a special eight-class series
of Barre-Method Pilates*

**Saturdays at 8:30am
Beginning Nov. 7th**

Only \$30 per class!

**Essex County Richard J. Codey Arena, 560 Northfield Avenue, West Orange
(973) 731-3828 / www.essexcountynj.org**



Be a Fan

&

Follow Us!

facebook

twitter

Putting Essex County First

Essex County Park System

@essexparks